



PERIOD
power



Western U Public Health Club
AMWA & MSFC present:

Period Product & Food Drive

***All donations will go
to House of Ruth***

Feminine Hygiene Products Needed:

Tampons
Regular Pads
Overnight Pads



Food Items Needed:

Non-perishable items

Toiletries Needed:

Shampoo, conditioner, lotion, body wash,
disposable razors, deodorant, loofas, baby soap, &
baby lotion

CSL HOURS AVAILABLE:

3 ITEMS = 1 HOUR

6 ITEMS = 2 HOURS

DROP OFF ITEMS IN DONATION BOXES IN 1ST
FLOOR OF HEC (CHECK IN DESK)

BE SURE TO FILL OUT THE GOOGLE FORM TO
CONFIRM CSL HOURS!

Questions? Contact Public Health Club
PublicHealthClub@westernu.edu

